

First Responder

Pre-hospital care and CPR skills for professional first responders or those wanting to become first responders. Course teaches techniques for sustaining life, preventing further injuries, and caring for illnesses and injuries until the next level of medical personnel arrives. Includes CPR level HCP and AED.



Duration

40 hours. Flexible scheduling options.

Instructor

Red Cross Emergency Care Instructor, Advanced Emergency Care Instructor or Emergency Care Instructor Trainer

Prerequisite

CPR Level C

Completion Requirements

100% attendance, skills demonstration, 80% min. passing grade on written exam, and one evaluated scenario

Certification

3-year certification in First Responder, CPR Level HCP, and AED

Recertification

20 hours; includes CPR Level HCP

Course Content

Part 1 – Preparing to Respond

- > The responder
- > The emergency scene
- > Preventing disease transmission

Part 2 – Establishing Priorities of Care

- > Anatomy and physiology
- > Assessment
- > Respiratory emergencies
- > Airway and ventilation
- > Circulatory emergencies
- > Bleeding
- > Shock

Part 3 – Traumatic Injuries

- > Soft tissue injuries
- > Musculoskeletal injuries
- > Head and spine injuries
- > Chest, abdominal, and pelvic injuries

Part 4 – Medical Emergencies

- > Sudden illnesses
- > Poisoning
- > Heat- and cold- related emergencies

Part 5 – Special Populations and Situations

- > Special populations & crisis intervention
- > Childbirth
- > Reaching and moving patients
- > Multiple casualty incidents
- > Transportation

Includes CPR HCP

Includes any other content required by specific legislation

Participant Materials

Red Cross Emergency Care text
Red Cross Emergency Care Workbook
Certification card and optional wall certificate
(or as required by legislation)



Red Cross First Aid. The Experience to Make a Difference.

redcross.ca/firstaid | 1.877.356.3226



Call to book a class, we look forward to hearing from you!

Phone: **506 608-1192**
www.connectingfirstaid.ca