

# CPR/AED

Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. All include training in the use of an automated external defibrillator (AED). Courses offer training suitable for workplace or general interest. Includes the latest CPR guidelines.



## Duration

Level A: 4 hours, Level C: 5 hours, Level HCP: 6 hours

## Instructor

Red Cross First Aid/CPR Instructor or Instructor Trainer

## Completion Requirements

100% attendance, skills demonstration, and 75% min. passing grade on written exam

## Certification

3-year certification in CPR Level A, C, or HCP and AED

## Recertification

Level A: not available; Level C and HCP: 4 hours

## Course Content

### Level A

- > The First Aider's Role
- > Check, Call, Care
- > H.A.IN.E.S. Recovery Position
- > Choking—Adult
- > Assisting with Medications
- > Angina and Heart Attack
- > Stroke
- > CPR—Adult
- > Deadly Bleeding

### Level C

- > Level A content
- > Choking—child and baby
- > CPR—child and baby

### Level HCP

- > Level C content
- > Jaw thrust
- > Pulse check
- > Rescue breathing—adult, child, and baby
- > BVM—adult, child, and baby
- > Two rescuer CPR—adult, child, baby

*Includes any other content required by specific legislation*

## Take-Home Materials

Red Cross CPR/AED Manual  
Certification card and optional wall certificate  
(or as required by legislation)



Red Cross First Aid. The Experience to Make a Difference.

[www.redcross.ca/firstaid](http://www.redcross.ca/firstaid) | 1.877.356.3226



Call to book a class, we look forward to hearing from you!

Phone: **506 608-1192**

[www.connectingfirstaid.ca](http://www.connectingfirstaid.ca)